



*Renuka Shikshan Prasarak Mandal's*

# RENUKA COLLEGE



Near Bank of India, Besa, Nagpur

Accredited with 'B' grade by NAAC, Bengaluru

Permanently Affiliated to RTM Nagpur University

Telephone No. 07103281455 Email: - [renukamv.ngp@gmail.com](mailto:renukamv.ngp@gmail.com)

Website: [www.renuakcollege.org](http://www.renuakcollege.org)

President: - Shri Himanshu E Gedam

Principal: - Dr. JyotiPatil

Contact no. : 8149051026

Contact no. : - 9422807224


## CRITERION I

### Curricular Aspects


### KEY INDICATOR 1.2:- ACADEMIC FLEXIBILITY

#### METRIC 1.2.1

Number of add on/Certificate/Value  
added programs offered during last five  
years

  
IQAC Coordinator  
Renuka College,  
Besa, Nagpur-37



  
Principal  
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## Renuka College Besa, Nagpur

### Dept. of Physical Education

### 10 Days Yoga & Gym Workout Training Camp Program

Date : 03 to 13 July 2018



Latitude: 21.08477  
Longitude: 79.092757  
Elevation: 309.1m  
Accuracy: 16.5m  
Time: 06-21-2022 08:11  
Note: INTERNATIONAL YOGA DAY  
YOGA AND GYM CAMP  
FROM 16 JUNE TO 30 JUNE 2022



Latitude: 21.084771  
Longitude: 79.092756  
Elevation: 309.15m  
Accuracy: 14.5m  
Time: 06-21-2022 08:16  
Note: INTERNATIONAL YOGA DAY  
YOGA AND GYM CAMP  
FROM 16 JUNE TO 30 JUNE 2022




Latitude: 21.084802  
Longitude: 79.092252  
Elevation: 305.06m  
Accuracy: 30.7m  
Time: 06-21-2022 08:07  
Note: INTERNATIONAL YOGA DAY  
YOGA AND GYM CAMP  
FROM 16 JUNE TO 30 JUNE 2022

Report : 2018 - 2019

  
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## Banner

**RENUKA SHIKSHAN PRASARAK MANDAL'S NAGPUR.**  
**RENUKA COLLEGE, BESA, NAGPUR**  
 (Accredited With 'B' Grade by NAAC)  
**"YOGA & GYM WORKOUT CAMP"**  
 (For Ten Days) 01<sup>st</sup> July to 10<sup>th</sup> July 2017.  
 Organized by  
**DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS**

**DR. JYOTI PATIL**  
PRINCIPAL  
RENUKA COLLEGE, BESA, NAGPUR.

**DR. PRAVIN G. PATIL**  
ASSOCIATE PROFESSOR  
RENUKA COLLEGE, BESA, NAGPUR.

## Sample of Certificate

**RENUKA SHIKSHAN PRASARAK MANDAL'S NAGPUR.**  
**RENUKA COLLEGE, BESA, NAGPUR**  
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**"YOGA & GYM WORKOUT CAMP"**  
 01<sup>st</sup> July to 10<sup>th</sup> July 2017.  
 Organized by  
**DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS**  
**Certificate of Participation**

This certificate is being awarded to \_\_\_\_\_  
 for Successful Completion of Yoga Training From 01<sup>st</sup> July to 10<sup>th</sup> July 2017.

**DR. JYOTI PATIL**  
PRINCIPAL  
RENUKA COLLEGE, BESA, NAGPUR.

**DR. PRAVIN G. PATIL**  
DIRECTOR OF PHYSICAL EDUCATION & SPORT  
RENUKA COLLEGE, BESA, NAGPUR.

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Contact no. : - 9422807224

## Letter of permission

दि. 26 / 06 / 2017

प्रति,  
मा. प्राचार्या,  
रेणुका कॉलेज बेसा,  
नागपूर.

विषय:- 01.07.2017 ते 10.07.2017 पर्यंत (10 दिवसीय) निशुल्क योग प्रशिक्षण शिबिर व जिम कसरत (GYM WORKOUT) प्रशिक्षण शिबिर घेण्याची परवानगी मिळण्याबाबद..

महोदया,

आपल्या सेवेशी नम्र निवेदन आहे की, मी डॉ. प्रविन गोपालराव पाटील शारीरिक शिक्षण विभाग प्रमुख, 21 जुन 2017 आंतरराष्ट्रीय योग दिवस निमित्त आणि दिवंगत मा. श्री. एकनाथजी गेडाम यांच्या स्मृती प्रित्यर्थ महाविद्यालयात दि.01.07.2017 ते 10.07.2017 पर्यंत (10 दिवसीय) निशुल्क विशेष उन्हाळी योग प्रशिक्षण शिबिर व जिम कसरत (GYM WORKOUT) प्रशिक्षण शिबिर आयोजन करण्याचे ठरविले आहे. करीता आपन परवानगी देऊन उपकृत करावे. ही नम्र विनंती.

धन्यवाद!

आपला नम्र  
*Jyoti Patil*  
26/06/2017

डॉ. प्रविन गोपालराव पाटील  
शारीरिक शिक्षण विभाग प्रमुख  
रेणुका कॉलेज बेसा, नागपूर-37.  
DEPARTMENT OF  
PHYSICAL EDUCATION  
RENUKA COLLEGE NAGPUR.

*Permitted for*  
26/06/2017

*AS*  
IQAC Coordinator  
Renuka College,  
Besa, Nagpur-37



*Jyoti Patil*  
Principal  
Renuka College  
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**Employees doing yoga on the occasion of International Yoga Day**



  
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## Yoga Benefit


Session : 2017-18

### Programme Outcome-

1. Yoga improves strength, balance and flexibility.
2. Yoga helps with back pain relief.
3. Yoga relaxes you, to help you study better.
4. Yoga can mean more energy and brighter moods for study.
5. Yoga helps you manage your stress level.
6. Participating in yoga classes can ease loneliness and provide an environment for group healing and support.
7. Yoga promotes better self-care.

  
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## STUDENTS ATTENDENCE SHEET

### RENUKA COLLEGE

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President - Mr. Himanshu Gedam    Principal - Dr. Jyoti Patil  
Mb. 9849051026    Mb. 9422807224

---

**STUDENTS ATTENDENCE SHEET**                      DATE: 01/07/2017 to 10/072017

**"YOGA & GYM WORKOUT CAMP"**

SR.NO.	NAME OF STUDENTS	CLASS	1	2	3	4	5	6	7	8	9	10
01.	ADARSH MOHOD	B.A-1	Amohd	Amohd	Amohd	Amohd	Amohd	Amohd	Amohd	Amohd	Amohd	Amohd
02.	ANIL TURKAR	B.A-1	AT	AT	AT	AT	AT	AT	AT	AT	AT	AT
03.	ASHWINI BOREKAR	B.A-1	Aswari	Aswari	Aswari	Aswari	Aswari	Aswari	Aswari	Aswari	Aswari	Aswari
04.	DHIRAJ WANJARI	B.A-1	Dwari	Dwari	Dwari	Dwari	Dwari	Dwari	Dwari	Dwari	Dwari	Dwari
05.	DNYANESH RATHOD	B.A-1	Dr	Dr	Dr	Dr	Dr	Dr	Dr	Dr	Dr	Dr
06.	ISHANT CHOUDHARI	B.A-1	Ish	Ish	Ish	Ish	Ish	Ish	Ish	Ish	Ish	Ish
07.	ABHISHEK MANKAR	B.COM-1	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar
08.	ADESH MANKAR	B.COM-1	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar	Amkar
09.	ABHISHEK CHURAD	B.COM-1	-	-	-	-	-	-	-	-	-	-
10.	AKSHAY PATIL	B.COM-1	Apal	Apal	Apal	Apal	Apal	Apal	Apal	Apal	Apal	Apal
11.	JIDNYA PAL	B.A-1	Jpal	Jpal	Jpal	Jpal	Jpal	Jpal	Jpal	Jpal	Jpal	Jpal

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12.	KALYANI SURYAVANSHI	B.A-I	Kaly	Kaly	Kaly	Kaly	Kaly	Kaly	Kaly	Kaly	Kaly	Kaly	Kaly
13.	MAYUR WATAN	B.A-I	Mayur	Mayur	Mayur	Mayur	Mayur	Mayur	Mayur	Mayur	Mayur	Mayur	Mayur
14.	SUPRIYA TANDULKAR	B.A-III	Supri	Supri	Supri	Supri	Supri	Supri	Supri	Supri	Supri	Supri	Supri
15.	MANJUSHA SAWARBANDHE	B.A-I	Manju	Manju	Manju	Manju	Manju	Manju	Manju	Manju	Manju	Manju	Manju
16.	SACHIN BAWANKAR	B.A-I	Sachin	Sachin	Sachin	Sachin	Sachin	Sachin	Sachin	Sachin	Sachin	Sachin	Sachin
17.	SANIDHYA SONI	B.A-I	Soni	Soni	Soni	Soni	Soni	Soni	Soni	Soni	Soni	Soni	Soni
18.	BHARAT BHURE	B.A-III	Bhure	Bhure	Bhure	Bhure	Bhure	Bhure	Bhure	Bhure	Bhure	Bhure	Bhure
19.	SNEHA MALODE	B.A-III	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha
20.	SIMRAN MANKAR	B.A-I	Simran	Simran	Simran	Simran	Simran	Simran	Simran	Simran	Simran	Simran	Simran
21.	SNEHA BAWANE	B.A-I	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha
22.	VISHAL CHURAD	B.A-I	Churad	Churad	Churad	Churad	Churad	Churad	Churad	Churad	Churad	Churad	Churad
23.	PRIYANKA MOHARLE	B.A-III	Moharle	Moharle	Moharle	Moharle	Moharle	Moharle	Moharle	Moharle	Moharle	Moharle	Moharle
24.	PRAFUL PARTETI	B.COM-I	Parteti	Parteti	Parteti	Parteti	Parteti	Parteti	Parteti	Parteti	Parteti	Parteti	Parteti
25.	PRATHAMESH GIRI	B.COM-I	Giri	Giri	Giri	Giri	Giri	Giri	Giri	Giri	Giri	Giri	Giri
26.	PRATIKSHA BORKAR	B.COM-I	Borkar	Borkar	Borkar	Borkar	Borkar	Borkar	Borkar	Borkar	Borkar	Borkar	Borkar
27.	PALLAVI DAMBHARE	B.A-III	Dambhare	Dambhare	Dambhare	Dambhare	Dambhare	Dambhare	Dambhare	Dambhare	Dambhare	Dambhare	Dambhare
28.	ROSHANI DEOTALE	B.COM-I	Deotale	Deotale	Deotale	Deotale	Deotale	Deotale	Deotale	Deotale	Deotale	Deotale	Deotale
29.	SEEMA NAGESHWAR	B.COM-I	Nageshwar	Nageshwar	Nageshwar	Nageshwar	Nageshwar	Nageshwar	Nageshwar	Nageshwar	Nageshwar	Nageshwar	Nageshwar
30.	AKSHAY CHOUDHARI	B.A-II	Choudhari	Choudhari	Choudhari	Choudhari	Choudhari	Choudhari	Choudhari	Choudhari	Choudhari	Choudhari	Choudhari
31.	CHANDRAKANT MESHARAM	B.A-II	Mesharam	Mesharam	Mesharam	Mesharam	Mesharam	Mesharam	Mesharam	Mesharam	Mesharam	Mesharam	Mesharam
32.	DIKSHA BRAMBANE	B.A-II	Brambane	Brambane	Brambane	Brambane	Brambane	Brambane	Brambane	Brambane	Brambane	Brambane	Brambane

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33	KALAYANI BARDE	B.A-II	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
34	PURNIMA CHAVHAN	B.A-II	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D
35	RITU KOTRUNGE	B.A-II	RK	RK	RK	RK	RK	RK	RK	RK	RK	RK	RK	RK	RK	RK	RK	RK	RK
36	SAGAR PAROSIYA	B.A-II	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
37	SHEETAL THAKRE	B.A-II	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
38	SHUBHAM PATIL	B.A-II	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
39	SHUBHAGI MESHAM	B.A-II	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
40	VRUSHALI MOTGHARE	B.A-II	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket
41	ANIKET GAJBHIYE	B.COM-II	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket	Anket
42	GAURI TAYWADE	B.COM-II	G	G	G	G	G	G	G	G	G	G	G	G	G	G	G	G	G
43	JYOTI SHIRBEL	B.COM-II	J	J	J	J	J	J	J	J	J	J	J	J	J	J	J	J	J
44	KESHAVI DESHPANDE	B.COM-II	K	K	K	K	K	K	K	K	K	K	K	K	K	K	K	K	K
45	MAHIMA KHOBRAGADE	B.COM-II	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu	Sahu
46	MAMTA SAHU	B.COM-II	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
47	SUBODH SURYAWANSHI	B.COM-II	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
48	URVASHI SHENDE	B.COM-II	U	U	U	U	U	U	U	U	U	U	U	U	U	U	U	U	U
49	POOJA DHAWALE	B.COM-II	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja
50	ROSHANI NAGDEVE	B.COM-II	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
51	HARSHAL KALAMKAR	B.COM-III	H	H	H	H	H	H	H	H	H	H	H	H	H	H	H	H	H
52	MAHESH PATLE	B.COM-III	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
53	PRIYA MOHARLE	B.COM-III	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya

  
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54	RAJAT LAMSONGE	B. COM- III																		
55	RAJAT THAKRE	B. COM- III	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat	Rajat
56	SHUBHAM KAMBLE	B. COM- III																		
57	SURAJ THOOL	B. COM- III																		

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